

# CHEC Newcastle

 **CHEC Newcastle**  
**11-13 & 65-67 Russell Way**  
**Upper Blue Mall**  
**Metrocentre**  
**Gateshead**  
**NE11 9YZ**  
(Next door to Primark)  
**Appointment Tel:**  
**0344 264 4160**



## Directions

### **By Car Via A1:**

Head South-West on A1 towards exit 78. Keep right to stay on A1. At Junction 71, exit towards Metrocentre. Merge onto St. Michaels Way. Keep right to continue towards Scotswood View. Continue onto Scotswood View (go through 1 roundabout). At the roundabout, take the 1st exit onto Garden Walk. **CHEC Newcastle Gateshead will be on the left.**

### **By Bus:**

Metrocentre Interchange (2 mins walk)  
Bus routes: 46/X45 X-lines/67/6/643



### **By Train:**

Metrocentre (4 mins walk)

### **By Car via A184:**

Head West on Abbotsford Road/A184. At the roundabout, take the 2nd exit onto Charles Street/A184. At the roundabout, take the 2nd exit onto Bensham Road/B1426. Turn right onto Cuthbert Street. Continue straight to stay on Cuthbert Street. At the roundabout, take the 1st exit onto Askew Road West. Turn left onto Team Street. Turn right onto Clockmill Road/A1114. Turn left onto St. Omers Road. Turn right onto Wellington Road. Wellington Road turns right and becomes Cross Lane. Turn right onto Scotswood View (go through 1 roundabout). At the roundabout, take the 1st exit onto Garden Walk. **CHEC Newcastle Gateshead will be on the left.**

## Amenities

-  Wheelchair available
-  Closest carpark: Metrocentre Blue (disabled parking on top level)