

CHEC Christchurch Clinic

CHEC is one of the UK's leading providers of community based Ophthalmology services.

Founded in 2012, CHEC has been working in partnership with the NHS to increase patient choice services and provide access to timely care and treatment locally. With a commitment to reducing waiting times, CHEC ensures patients can access Ophthalmology care within **8 weeks**.



Flexible NHS appointments available to suit your patients



Treatment within 8 weeks



99% patient satisfaction

“ *The receptionist was friendly and helpful. The Clinician was very thorough and demonstrated concern for my condition.* ”
- Patient review

How to find us



CHEC Christchurch
17 Bargates, Saxon Centre,
Christchurch, Dorset, BH23 1QD

Regulated by
CareQuality Commission



Ophthalmology Treatments Provided:

- ✓ Minor eye conditions not needing emergency or specialist hospital care, including but not limited to:
 - Dry eye
 - Epiphora
 - Red eye
 - Blepharitis
 - Conjunctivitis
 - Concretions
 - Ocular irritation
 - Foreign bodies
 - Conjunctival cysts
 - Corneal abrasions
 - Pingueculae and pterigia
 - Dry AMD
 - Floaters and flashes
 - Anterior uveitis
 - Episcleritis
 - Monitoring of lower risk choroidal naevi (MOLES score 1)
- ✓ Patients aged 16 years and over registered with a Dorset GP
- ✓ Raised IOP >24 mmHg, suspect and stable glaucoma
- ✓ Mild lid lesions with minimal improvement after 2 weeks of self-care
- ✓ Inactive/stable AMD suitable for community monitoring by a hospital Consultant Ophthalmologist
- ✓ Post-cataract surgery follow-up

Exclusion Criteria:

- ✗ Individuals not registered with a Dorset GP
- ✗ Under 16's
- ✗ Eye care needs that can be met within mandatory GOS services
- ✗ Suspected malignancies, including skin cancer
- ✗ Emergency referrals requiring acute hospital care
- ✗ Individuals with IOP > 40mmHg.
- ✗ New Wet AMD referrals
- ✗ Monitoring of AMD patients on an active treatment pathway
- ✗ Individuals requiring cataract and other day-case or in-patient surgery
- ✗ Individuals requiring orthoptic assessment
- ✗ Common naevi (MOLES score 0) and higher risk naevi (MOLES score 2 or more)
- ✗ Squints

Meet the team

If you have any service queries or require more information, please contact Alicia, your NHS Partnership Executive.



Mahmoud Rabie
Clinical Director
for Ophthalmology
& Consultant
Ophthalmologist



Amy Cook
Christchurch
Location Manager



Alicia Pompon
Dorset NHS
Partnership Executive
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How to refer to CHEC

Please follow your local commissioned pathway.