CHEC
healthcare for local people

NHS
Providing NHS services



CHEC Westbourne Clinic

CHEC is one of the UK's leading providers of community based Ophthalmology services.

Founded in 2012, CHEC has been working in partnership with the NHS to increase patient choice services and provide access to care and treatment locally.

Flexible NHS appointments available to suit your patients

99% patient satisfaction

> *The receptionist was friendly and helpful. The Clinician was very thorough and demonstrated concern for my condition.*
>
> *- Patient review*



How to find us



Regulated by Care Quality Commission

CHEC Westbourne
97 Poole Road, Westbourne,
Bournemouth, Dorset, BH4 9BB

www.chec.uk

Ophthalmology Treatments Provided:

- Minor eye conditions not needing emergency or specialist hospital care, including but not limited to:
  - Dry eye
  - Epiphora
  - Red eye
  - Blepharitis
  - Conjunctivitis
  - Concretions
  - Ocular irritation
  - Foreign bodies
  - Conjunctival cysts
  - Corneal abrasions
  - Pingueculae and pterigia
  - Dry AMD
  - Floaters and flashes
  - Anterior uveitis
  - Episcleritis
  - Monitoring of lower risk choroidal naevi (MOLES score 1)
- Patients aged 16 years and over registered with a Dorset GP
- Raised IOP >24 mmHg, suspect and stable glaucoma
- Mild lid lesions with minimal improvement after 2 weeks of self-care
- Inactive/stable AMD suitable for community monitoring by a hospital Consultant Ophthalmologist
- Post-cataract surgery follow-up

Exclusion Criteria:

- Individuals not registered with a Dorset GP
- Under 16's
- Eye care needs that can be met within mandatory GOS services
- Suspected malignancies, including skin cancer
- Emergency referrals requiring acute hospital care
- Individuals with IOP > 40mmHg.
- New Wet AMD referrals
- Monitoring of AMD patients on an active treatment pathway
- Individuals requiring cataract and other day-case or in-patient surgery
- Individuals requiring orthoptic assessment
- Common naevi (MOLES score 0) and higher risk naevi (MOLES score 2 or more)
- Squints

More Information

Discover more about your local CHEC hospital, meet the hospital team and connect with your Community Partner.

Learn more about CHEC Westbourne

If you have any service queries or require more information, please contact **engagement@chec.uk**

Clinical Outcome Data for Ophthalmology

At CHEC, delivering high-quality, patient-centred care is at the heart of everything we do. **Click here** to access our latest Annual Quality Report, where you can explore our clinical achievements, patient satisfaction ratings, and our ongoing dedication to keeping healthcare accessible and safe for everyone.

How to refer to CHEC

Please follow your local commissioned pathway.